



FOUNDATION

Thank you for enrolling onto BLC International's football course with Brighton and Hove Albion Foundation (BHAFC).

One football training kit is provided by BHAFC for bookings made before 19.02.24.

Please bring your own football kit (shirt, shorts, socks) as this will be needed in addition to the BHAFC kit.

You must also bring:

- astro turf trainers or football boots - no metal studs
- shin pads
- proof of travel or health insurance
- soap/shower gel
- a towel
- change of clothes for school

Daily schedule

- 8:00 meet at BLC International (Monday – Friday)*
- 8:15 minibus departs from BLC International to training centre
- 9:00 football training with Brighton & Hove Albion coaches
- 11:00 shower and change
- 11:30 leave The American Express Elite Performance Centre
- 12:00 lunch
- 13:00 lessons / activities

BLC International provides one wash of football kit on Tuesday and by the homestay at the weekend.

BHAFC rules and regulations

You will comply with any directions given by club/security staff.

Smoking is not permitted anywhere on the site or outside the main entrance to the site. Failure to comply will result in the smoker (and their group) being asked to leave the site immediately. This includes vaping/e-cigarettes.

No photography is permitted anywhere on the site at any time.

Foul and abusive language or aggressive behaviour will not be tolerated and will result in immediate ejection from the site.

No access to any indoor club facilities bar designated areas for players, staff and parents who are approved to do so.

No-one is allowed to approach a pitch to watch a game other than when directed to by a steward/security officer.

Toilets are available in designated locations as directed by staff and stewards.

No alcohol is permitted on site.

No ball games are permitted (bar those as part of officially organised sessions/fixtures).

Changing rooms and associated areas are out of bounds expect to approved staff and players.